

Haridwar - Amritsar Jan Shatabdi Express/12053 - JShtb - NR

RK/Roorkee to JUC/Jalandhar City Junction

5h 42m - 286 km - 6 halts - Departs Sun,Mon,Tue,Wed,Fri,Sat

| # | Code | Station Name | Arrives | Avg | Depart S | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|-------------------------|---------|-----|-------------|-----|------|----|-----|-----|-----|-----|------|
| 1 | HW | Haridwar | | | 14:45 | | | 4 | 1 | 0 | 61 | 314 | NR |
| 2 | RK | Roorkee | 15:26 | | 15:28 | | 2m | 3 | 1 | 42 | 44 | 269 | NR |
| 3 | SRE | Saharanpur Junction | 16:15 | | 16:20 | | 5m | 5 | 1 | 76 | 70 | 275 | NR |
| 4 | YJUD | Yamunanagar-Jagadhri | 16:46 | | 16:48 | | 2m | 3 | 1 | 107 | 55 | 274 | NR |
| 5 | UMB | Ambala Cantt. Junction | 17:43 | | 17:50 | | 7m | 4 | 1 | 157 | 78 | 273 | NR |
| 6 | SIR | Sirhind Junction | 18:31 | | 18:33 | | 2m | 1 | 1 | 211 | 56 | 267 | NR |
| 7 | LDH | Ludhiana Junction | 19:38 | | 19:48 | | 10m | 2 | 1 | 271 | 49 | 257 | NR |
| 8 | PGW | Phagwara Junction | 20:32 | | 20:34 | | 2m | 2 | 1 | 307 | 35 | | NR |
| 9 | JUC | Jalandhar City Junction | 21:10 | | 21:15 | | 5m | 1 | 1 | 328 | 72 | 237 | NR |
| 10 | BEAS | Beas Junction | 21:45 | | 21:47 | | 2m | 1 | 1 | 364 | 44 | 233 | NR |
| 11 | ASR | Amritsar Junction | 22:45 | | | | | 0 | 1 | 407 | - | 230 | NR |