

## Kanpur Central - Kathgodam Garib Rath Express/12209 - GR - NR

CNB/Kanpur Central to LKU/Lal Kuan Junction

**8h 35m - 437 km - 6 halts - Departs Tue**

#	Code	Station Name	Arrives	Avg	Depart s	Avg	Halt	PF	Day	Km	Spd	Elv	Zone
<b>1</b>	<b>CNB</b>	<b>Kanpur Central</b>			<b>06:10</b>			8	1	0	48	127	NCR
2	LJN	Lucknow Junction NER	07:40		08:05		25m	2	1	72	70	121	NER
3	SPN	Shahjahanpur Junction	10:25		10:27		2m	3	1	236	71	155	NR
4	BE	Bareilly Junction	11:27		11:32		5m	2	1	307	56	169	NR
5	RMU	Rampur Junction	12:40		13:10		30m	1	1	370	49	191	NR
6	BLQR	Bilaspur Road	13:43		13:45		2m	0	1	397	40	195	NER
7	RUPC	Rudrapur City	14:12		14:14		2m	1	1	415	42	209	NER
<b>8</b>	<b>LKU</b>	<b>Lal Kuan Junction</b>	<b>14:45</b>		<b>14:50</b>		5m	1	1	437	39	257	NER
9	HDW	Haldwani	15:15		15:20		5m	1	1	453	10	433	NER
10	KGM	Kathgodam	15:55					2	1	459	-	510	NER