

**Poorna Express (PT)/11097 - Exp - CR**  
**GOK/Gokarna Road to SRR/Shoranur Junction**  
**9h 16m - 525 km - 15 halts - Departs Sun**

#	Code	Station Name	Arrives	Avg	Depart s	Avg	Halt	PF	Day	Km	Spd	Elv	Zone
1	PUNE	Pune Junction			22:25			1	1	0	57	560	CR
2	STR	Satara	00:57		01:00		3m	1	2	145	62	635	CR
3	KRD	Karad	01:57		02:00		3m	1	2	204	57	596	CR
4	SLI	Sangli	03:12		03:15		3m	1	2	272	9	558	CR
5	MRJ	Miraj Junction	04:05		04:10		5m	3	2	279	75	549	CR
6	GPB	Ghataprabha	05:14		05:15		1m	1	2	359	63	626	SWR
7	BGM	Belagavi (Belgaum)	06:10		06:15		5m	2	2	417	25	747	SWR
8	LD	Londa Junction	08:20		08:30		10m	1	2	468	27	635	SWR
9	CLR	Castle Rock	09:25		09:30		5m	1	2	493	15	585	SWR
10	QLM	Kulem	11:15		11:20		5m	2	2	519	46	73	SWR
11	SVM	Sanvordem (Kudchade)	11:44		11:45		1m	1	2	537	13	7	SWR
12	MAO	Madgaon Junction	12:55		13:10		15m	2	2	552	57	9	KR
13	KAWR	Karwar	14:13		14:15		2m	2	2	612	59	11	KR
14	GOK	Gokarna Road	14:52		14:54		2m	1	2	649	63	14	KR
15	KT	Kumta	15:12		15:14		2m	1	2	668	59	20	KR
16	HNA	Honnavar	15:28		15:30		2m	1	2	681	39	5	KR
17	MRD W	Murdeswar	16:10		16:12		2m	1	2	708	55	25	KR
18	BTJL	Bhatkal	16:28		16:30		2m	2	2	722	76	21	KR
19	BYNR	Byndoor Mookambika Road	16:42		16:44		2m		2	737	59	10	KR
20	KUDA	Kundapura	17:18		17:20		2m	1	2	771	80	8	KR
21	UD	Udupi	17:44		17:46		2m	2	2	803	40	16	KR
22	MAJN	Mangaluru Junction (Mangalore)	19:20		19:25		5m	2	2	865	74	8	SR
23	KGQ	Kasaragod	20:03		20:05		2m	1	2	913	77	9	SR
24	KZE	Kanhangad	20:23		20:25		2m	1	2	936	93	12	SR
25	PAY	Payyanur	20:44		20:45		1m	2	2	965	63	9	SR
26	CAN	Kannur (Cannanore)	21:17		21:20		3m	3	2	999	65	12	SR
27	TLY	Thalassery	21:39		21:40		1m	2	2	1019	72	9	SR
28	CLT	Kozhikode Main (Calicut)	22:37		22:40		3m	1	2	1088	73	4	SR
29	TIR	Tirur	23:14		23:15		1m	3	2	1129	49	9	SR
30	SRR	Shoranur Junction	00:10		00:15		5m	2	3	1174	50	29	SR
31	TCR	Thrissur (Trichur)	00:55		00:58		3m	1	3	1207	63	3	SR
32	AWY	Aluva (Alwaye)	01:50		01:52		2m	1	3	1262	36	14	SR
33	ERN	Ernakulam Town (North)	02:20		02:22		2m	2	3	1278	3	2	SR
34	ERS	Ernakulam Junction (South)	03:15					1	3	1281	-	1	SR