

Prayagraj Sangam - Yog Nagri Rishikesh Express/14229 - Exp - NR

LKO/Lucknow Charbagh NR to HW/Haridwar

8h 13m - 493 km - 7 halts - Departs Mon,Wed,Fri

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|--------------------------|---------|-----|-------------|-----|------|-----|-----|-----|-----|-----|------|
| 1 | PYGS | Prayagraj Sangam | | | 23:40 | | | 0 | 1 | 0 | 18 | 95 | NR |
| 2 | PRG | Prayag Junction | 23:51 | | 23:55 | | 4m | 2 | 1 | 3 | 48 | 91 | NR |
| 3 | MBDP | MBDD Pratapgarh Junction | 01:00 | | 01:05 | | 5m | 1 | 2 | 56 | 64 | 97 | NR |
| 4 | AME | Amethi | 01:38 | | 01:40 | | 2m | 1 | 2 | 91 | 62 | 100 | NR |
| 5 | GNG | GauriGanj | 01:53 | | 01:55 | | 2m | 1 | 2 | 104 | 70 | 106 | NR |
| 6 | RBL | Rae Bareli Junction | 02:35 | | 02:40 | | 5m | 1,2 | 2 | 151 | 36 | 112 | NR |
| 7 | LKO | Lucknow Charbagh NR | 04:50 | | 05:00 | | 10m | 3,5 | 2 | 229 | 64 | 124 | NR |
| 8 | HRI | Hardoi | 06:35 | | 06:37 | | 2m | 1 | 2 | 330 | 53 | 141 | NR |
| 9 | SPN | Shahjahanpur Junction | 07:48 | | 07:50 | | 2m | 3 | 2 | 393 | 74 | 155 | NR |
| 10 | BE | Bareilly Junction | 08:47 | | 08:52 | | 5m | 2 | 2 | 464 | 77 | 169 | NR |
| 11 | RMU | Rampur Junction | 09:41 | | 09:43 | | 2m | 3 | 2 | 527 | 39 | 191 | NR |
| 12 | MB | Moradabad Junction | 10:25 | | 10:33 | | 8m | 3 | 2 | 554 | 76 | 193 | NR |
| 13 | NBD | Najibabad Junction | 11:51 | | 11:56 | | 5m | 2 | 2 | 653 | 57 | | NR |
| 14 | LRJ | Laksar Junction | 12:40 | | 12:45 | | 5m | 5 | 2 | 694 | 58 | 257 | NR |
| 15 | HW | Haridwar | 13:13 | | 13:18 | | 5m | 2,3 | 2 | 721 | 28 | 314 | NR |
| 16 | MOTC | Motichur | 13:28 | | 13:30 | | 2m | 0 | 2 | 726 | 28 | 315 | NR |
| 17 | RWL | Raiwala Junction | 13:44 | | 13:46 | | 2m | 1 | 2 | 733 | 16 | 551 | NR |
| 18 | YNRK | Yog Nagari Rishikesh | 14:30 | | | | | 0 | 2 | 744 | - | 386 | NR |