

Sambalpur - Jammu Tawi Express/18309 - Exp - ECoR
PRYJ/Prayagraj Junction (Allahabad) to CDG/Chandigarh Junction
17h 3m - 873 km - 19 halts - Departs Sun,Tue,Wed,Fri

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|-----------------------------------|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | SBP | Sambalpur Junction | | | 11:00 | | | 1 | 1 | 0 | 84 | 155 | ECoR |
| 2 | RGL | Rengali | 11:16 | | 11:18 | | 2m | 0 | 1 | 22 | 42 | 206 | ECoR |
| 3 | JSG | Jharsuguda Junction | 11:55 | | 12:05 | | 10m | 0 | 1 | 49 | 68 | 231 | SER |
| 4 | BMB | Bamra | 12:37 | | 12:38 | | 1m | | 1 | 85 | 116 | 260 | SER |
| 5 | GP | Rajgangpur | 12:56 | | 12:57 | | 1m | 0 | 1 | 120 | 64 | 237 | SER |
| 6 | ROU | Rourkela Junction | 13:25 | | 13:33 | | 8m | 5 | 1 | 150 | 39 | 218 | SER |
| 7 | ORGA | Orga | 14:27 | | 14:28 | | 1m | 0 | 1 | 185 | 60 | 227 | SER |
| 8 | BANO | Bano | 15:04 | | 15:05 | | 1m | 0 | 1 | 221 | 80 | 452 | SER |
| 9 | GBX | Govindpur Road | 15:44 | | 15:45 | | 1m | 0 | 1 | 273 | 39 | 577 | SER |
| 10 | HTE | Hatia | 16:50 | | 17:00 | | 10m | 3 | 1 | 314 | 28 | 650 | SER |
| 11 | RNC | Ranchi Junction | 17:15 | | 17:30 | | 15m | 1 | 1 | 321 | 32 | 629 | SER |
| 12 | NKM | Namkom | 17:38 | | 17:39 | | 1m | 0 | 1 | 325 | 31 | 617 | SER |
| 13 | TIS | Tatisilwai Junction | 17:51 | | 17:52 | | 1m | 0 | 1 | 332 | 69 | | SER |
| 14 | MURI | Muri Junction | 18:35 | | 18:40 | | 5m | 3 | 1 | 381 | 40 | 251 | SER |
| 15 | RMT | Ramgarh Cantt. | 20:00 | | 20:05 | | 5m | 1 | 1 | 435 | 9 | 334 | SER |
| 16 | BRKA | Barkakana Junction | 20:40 | | 20:50 | | 10m | | 1 | 440 | 65 | 337 | ECR |
| 17 | PTRU | Patratu | 21:07 | | 21:09 | | 2m | 1 | 1 | 458 | 90 | 372 | ECR |
| 18 | KLRE | Khalari | 21:33 | | 21:35 | | 2m | 0 | 1 | 494 | 74 | 460 | ECR |
| 19 | TORI | Tori Junction | 21:58 | | 22:00 | | 2m | 2 | 1 | 522 | 85 | 511 | ECR |
| 20 | LTHR | Latehar | 22:23 | | 22:25 | | 2m | 2 | 1 | 555 | 73 | 381 | ECR |
| 21 | BRWD | Barwadih Junction | 22:58 | | 23:03 | | 5m | 1 | 1 | 595 | 82 | 293 | ECR |
| 22 | DTO | DaltonGanj | 23:23 | | 23:25 | | 2m | 1 | 1 | 623 | 39 | 234 | ECR |
| 23 | GHD | Garhwa Road Junction | 00:16 | | 00:21 | | 5m | 1 | 2 | 656 | 60 | | ECR |
| 24 | GHQ | Garhwa | 00:31 | | 00:33 | | 2m | 1 | 2 | 666 | 76 | | ECR |
| 25 | NUQ | Nagar Untari | 01:00 | | 01:02 | | 2m | 1 | 2 | 700 | 59 | | ECR |
| 26 | WDM | WyndhamGanj | 01:14 | | 01:16 | | 2m | 1 | 2 | 712 | 67 | | ECR |
| 27 | DXN | Duddhinagar | 01:36 | | 01:38 | | 2m | 2 | 2 | 734 | 58 | | ECR |
| 28 | RNQ | Renukut | 02:00 | | 02:02 | | 2m | 1 | 2 | 755 | 16 | 301 | ECR |
| 29 | CPU | Chopan | 04:40 | | 04:50 | | 10m | 2 | 2 | 797 | 40 | 169 | ECR |
| 30 | SBDR | Sonbhadra | 05:30 | | 05:32 | | 2m | 0 | 2 | 824 | 37 | 312 | NCR |
| 31 | CAR | Chunar Junction | 07:35 | | 07:40 | | 5m | 4 | 2 | 900 | 69 | 82 | NCR |
| 32 | MZP | Mirzapur | 08:07 | | 08:12 | | 5m | 3 | 2 | 931 | 31 | 85 | NCR |
| 33 | BDL | Vindhyachal | 08:26 | | 08:28 | | 2m | 3 | 2 | 939 | 82 | 84 | NCR |
| 34 | MJA | Meja Road | 09:00 | | 09:01 | | 1m | 3 | 2 | 983 | 51 | | NCR |
| 35 | PRYJ | Prayagraj Junction (Allahabad) | 09:45 | | 09:50 | | 5m | 2,3 | 2 | 1021 | 82 | 97 | NCR |
| 36 | KGA | Khaga | 10:50 | | 10:52 | | 2m | 3 | 2 | 1103 | 80 | | NCR |
| 37 | FTP | Fatehpur | 11:18 | | 11:20 | | 2m | 3 | 2 | 1137 | 47 | 114 | NCR |
| 38 | CNB | Kanpur Central | 13:00 | | 13:10 | | 10m | 2 | 2 | 1215 | 62 | 127 | NCR |
| 39 | RURA | Rura | 13:53 | | 13:55 | | 2m | 3 | 2 | 1259 | 76 | 137 | NCR |
| 40 | JJK | Jhijnhak | 14:10 | | 14:11 | | 1m | 3 | 2 | 1278 | 71 | 140 | NCR |
| 41 | ETW | Etawah Junction | 15:15 | | 15:20 | | 5m | 2 | 2 | 1355 | 83 | 151 | NCR |
| 42 | SKB | Shikohabad Junction | 16:00 | | 16:02 | | 2m | 3 | 2 | 1410 | 51 | 159 | NCR |
| 43 | TDL | Tundla Junction | 16:45 | | 16:50 | | 5m | 3,4 | 2 | 1446 | 82 | 167 | NCR |
| 44 | HRS | Hathras Junction | 17:25 | | 17:27 | | 2m | 2 | 2 | 1494 | 59 | 178 | NCR |
| 45 | ALJN | Aligarh Junction | 17:58 | | 18:03 | | 5m | 4 | 2 | 1525 | 47 | 186 | NCR |
| 46 | GZB | Ghaziabad Junction | 20:18 | | 20:20 | | 2m | 4,5 | 2 | 1631 | 24 | 217 | NR |
| 47 | DLI | Old Delhi Junction | 21:10 | | 21:25 | | 15m | 5 | 2 | 1651 | 12 | 219 | NR |
| 48 | SZM | Sabzi Mandi | 21:39 | | 21:41 | | 2m | 1 | 2 | 1654 | 84 | 222 | NR |
| 49 | SNP | Sonipat Junction | 22:10 | | 22:12 | | 2m | 2 | 2 | 1694 | 88 | 235 | NR |
| 50 | PNP | Panipat Junction | 22:43 | | 22:45 | | 2m | 3 | 2 | 1739 | 82 | 235 | NR |

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|----------------------------|--------------|-----|--------------|-----|------|----|-----|------|-----|-----|------|
| 51 | KUN | Karnal | 23:10 | | 23:12 | | 2m | 2 | 2 | 1774 | 87 | 251 | NR |
| 52 | KKDE | Kurukshetra Junction | 23:35 | | 23:37 | | 2m | 1 | 2 | 1807 | 63 | 258 | NR |
| 53 | SHDM | Shahabad Markanda | 23:58 | | 00:01 | | 3m | 2 | 2 | 1829 | 10 | 266 | NR |
| 54 | UMB | Ambala Cantt. Junction | 01:58 | | 02:10 | | 12m | 7 | 3 | 1849 | 63 | 273 | NR |
| 55 | CDG | Chandigarh Junction | 02:53 | | 03:13 | | 20m | 0 | 3 | 1894 | 60 | 331 | NR |
| 56 | LDH | Ludhiana Junction | 05:06 | | 05:16 | | 10m | 3 | 3 | 2006 | 58 | 257 | NR |
| 57 | PHR | Phillaur Junction | 05:30 | | 05:32 | | 2m | 2 | 3 | 2019 | 59 | 241 | NR |
| 58 | PGW | Phagwara Junction | 05:55 | | 05:57 | | 2m | 2 | 3 | 2042 | 45 | | NR |
| 59 | JRC | Jalandhar Cantt. Junction | 06:19 | | 06:21 | | 2m | 1 | 3 | 2058 | 15 | 236 | NR |
| 60 | JUC | Jalandhar City Junction | 06:40 | | 06:45 | | 5m | 1 | 3 | 2063 | 68 | 237 | NR |
| 61 | BEAS | Beas Junction | 07:17 | | 07:19 | | 2m | 1 | 3 | 2099 | 62 | 233 | NR |
| 62 | ASR | Amritsar Junction | 08:00 | | 08:25 | | 25m | 2 | 3 | 2141 | 54 | 230 | NR |
| 63 | BAT | Batala Junction | 09:08 | | 09:10 | | 2m | 1 | 3 | 2180 | 44 | 247 | NR |
| 64 | DHW | Dhariwal | 09:36 | | 09:38 | | 2m | 1 | 3 | 2199 | 41 | 251 | NR |
| 65 | GSP | Gurdaspur | 09:58 | | 10:00 | | 2m | 1 | 3 | 2213 | 67 | 265 | NR |
| 66 | DNN | Dinanagar | 10:10 | | 10:12 | | 2m | 1 | 3 | 2224 | 44 | 270 | NR |
| 67 | PTK | Pathankot Junction | 10:45 | | 11:05 | | 20m | 3 | 3 | 2248 | 36 | 330 | NR |
| 68 | HRNR | Hira Nagar | 12:31 | | 12:33 | | 2m | 1 | 3 | 2300 | 31 | 382 | NR |
| 69 | VJPJ | Vijaypur Jammu | 13:24 | | 13:26 | | 2m | 1 | 3 | 2327 | 29 | 355 | NR |
| 70 | JAT | Jammu Tawi | 14:10 | | | | | 3 | 3 | 2348 | - | 344 | NR |