

Saryu Yamuna Express (PT)/14649 - Exp - NR
LKO/Lucknow Charbagh NR to PGW/Phagwara Junction
14h 0m - 749 km - 19 halts - Departs Mon,Wed,Sat

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|----------------------------|--------------|-----|--------------|-----|------|-----|-----|------|-----|-----|------|
| 1 | JYG | Jaynagar | | | 07:20 | | | 1 | 1 | 0 | 60 | 68 | ECR |
| 2 | KJI | Khajauli | 07:32 | | 07:34 | | 2m | 0 | 1 | 12 | 56 | 70 | ECR |
| 3 | RJA | Rajnagar | 07:44 | | 07:46 | | 2m | 0 | 1 | 21 | 60 | 65 | ECR |
| 4 | MBI | Madhubani | 07:56 | | 07:58 | | 2m | 0 | 1 | 31 | 60 | 61 | ECR |
| 5 | SKI | Sakri Junction | 08:15 | | 08:17 | | 2m | 0 | 1 | 48 | 36 | 50 | ECR |
| 6 | DBG | Darbhanga Junction | 08:50 | | 08:55 | | 5m | 0 | 1 | 68 | 36 | 49 | ECR |
| 7 | LSI | Laheria Sarai | 09:03 | | 09:05 | | 2m | 1 | 1 | 73 | 49 | 48 | ECR |
| 8 | HYT | Haiaghat | 09:18 | | 09:20 | | 2m | 0 | 1 | 83 | 20 | 54 | ECR |
| 9 | SPJ | Samastipur Junction | 10:25 | | 10:50 | | 25m | | 1 | 105 | 57 | 47 | ECR |
| 10 | MFP | Muzaffarpur Junction | 11:45 | | 11:50 | | 5m | 3 | 1 | 157 | 65 | 57 | ECR |
| 11 | HJP | Hajipur Junction | 12:40 | | 12:45 | | 5m | 3 | 1 | 211 | 36 | 55 | ECR |
| 12 | CPR | Chhapra Junction | 14:25 | | 14:35 | | 10m | 1 | 1 | 270 | 65 | 58 | NER |
| 13 | SIP | Suraimanpur | 15:02 | | 15:04 | | 2m | 1 | 1 | 300 | 62 | 61 | NER |
| 14 | BUI | Ballia | 15:40 | | 15:45 | | 5m | 1 | 1 | 337 | 54 | 65 | NER |
| 15 | RSR | Rasra | 16:21 | | 16:23 | | 2m | 1 | 1 | 369 | 45 | | NER |
| 16 | IAA | Indara Junction | 17:01 | | 17:03 | | 2m | 2,1 | 1 | 397 | 40 | 70 | NER |
| 17 | MAU | Mau Junction | 17:15 | | 17:25 | | 10m | 3 | 1 | 405 | 50 | 70 | NER |
| 18 | MMA | Muhammadabad | 17:51 | | 17:53 | | 2m | 1 | 1 | 427 | 59 | 80 | NER |
| 19 | AMH | Azamgarh | 18:15 | | 18:20 | | 5m | 2 | 1 | 449 | 68 | 84 | NER |
| 20 | SMZ | Sarai Mir | 18:43 | | 18:45 | | 2m | 0 | 1 | 474 | 30 | 88 | NER |
| 21 | KRND | Khorason Road | 19:03 | | 19:05 | | 2m | 0 | 1 | 484 | 18 | 87 | NER |
| 22 | SHG | Shahganj Junction | 20:15 | | 20:40 | | 25m | | 1 | 504 | 73 | 90 | NR |
| 23 | ABP | Akbarpur Junction | 21:16 | | 21:18 | | 2m | 0 | 1 | 548 | 77 | 92 | NR |
| 24 | AY | Ayodhya Dham Junction | 22:00 | | 22:02 | | 2m | 0 | 1 | 602 | 26 | 98 | NR |
| 25 | AYC | Ayodhya Cantt. Junction | 22:18 | | 22:23 | | 5m | | 1 | 609 | 76 | | NR |
| 26 | RDL | Rudauli | 22:53 | | 22:55 | | 2m | 0 | 1 | 647 | 63 | 108 | NR |
| 27 | BBK | Barabanki Junction | 23:53 | | 23:55 | | 2m | 0 | 1 | 709 | 38 | 125 | NR |
| 28 | LKO | Lucknow Charbagh NR | 00:40 | | 00:50 | | 10m | 6 | 2 | 737 | 66 | 124 | NR |
| 29 | SPN | Shahjahanpur Junction | 03:19 | | 03:21 | | 2m | 0 | 2 | 901 | 72 | 155 | NR |
| 30 | BE | Bareilly Junction | 04:20 | | 04:22 | | 2m | 2 | 2 | 972 | 74 | 169 | NR |
| 31 | RMU | Rampur Junction | 05:13 | | 05:15 | | 2m | 0 | 2 | 1035 | 33 | 191 | NR |
| 32 | MB | Moradabad Junction | 06:05 | | 06:13 | | 8m | 0 | 2 | 1062 | 59 | 193 | NR |
| 33 | KNT | Kanth | 06:43 | | 06:45 | | 2m | 2 | 2 | 1092 | 73 | 219 | NR |
| 34 | DPR | Dhampur | 07:10 | | 07:12 | | 2m | 0 | 2 | 1122 | 73 | 236 | NR |
| 35 | NBD | Najibabad Junction | 07:44 | | 07:49 | | 5m | 0 | 2 | 1161 | 57 | | NR |
| 36 | LRJ | Laksar Junction | 08:33 | | 08:38 | | 5m | 0 | 2 | 1203 | 49 | 257 | NR |
| 37 | RK | Roorkee | 09:00 | | 09:05 | | 5m | 3 | 2 | 1221 | 32 | 269 | NR |
| 38 | SRE | Saharanpur Junction | 10:10 | | 10:20 | | 10m | 4 | 2 | 1255 | 70 | 275 | NR |
| 39 | YJUD | Yamunanagar-Jagadhri | 10:46 | | 10:48 | | 2m | 3 | 2 | 1286 | 59 | 274 | NR |
| 40 | UMB | Ambala Cantt. Junction | 11:40 | | 11:45 | | 5m | 4 | 2 | 1336 | 42 | 273 | NR |
| 41 | UBC | Ambala City | 11:56 | | 11:58 | | 2m | 3 | 2 | 1344 | 35 | 272 | NR |
| 42 | RPJ | Rajpura Junction | 12:33 | | 12:35 | | 2m | 1 | 2 | 1364 | 80 | 269 | NR |
| 43 | SIR | Sirhind Junction | 12:54 | | 12:56 | | 2m | 1 | 2 | 1390 | 63 | 267 | NR |
| 44 | GVG | Mandi Gobindgarh | 13:05 | | 13:07 | | 2m | 1 | 2 | 1399 | 61 | 266 | NR |
| 45 | KNN | Khanna | 13:15 | | 13:17 | | 2m | 1 | 2 | 1407 | 52 | 264 | NR |
| 46 | LDH | Ludhiana Junction | 14:06 | | 14:16 | | 10m | 2 | 2 | 1450 | 58 | 257 | NR |
| 47 | PHR | Phillaur Junction | 14:30 | | 14:32 | | 2m | 2 | 2 | 1463 | 75 | 241 | NR |
| 48 | PGW | Phagwara Junction | 14:50 | | 14:52 | | 2m | 2 | 2 | 1486 | 58 | | NR |
| 49 | JRC | Jalandhar Cantt. Junction | 15:09 | | 15:11 | | 2m | 1 | 2 | 1502 | 23 | 236 | NR |
| 50 | JUC | Jalandhar City Junction | 15:23 | | 15:30 | | 7m | 1 | 2 | 1507 | 64 | 237 | NR |
| 51 | KRE | Kartarpur | 15:44 | | 15:45 | | 1m | 2 | 2 | 1522 | 75 | 235 | NR |

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|----|------|-------------------|---------|-----|-------------|-----|------|----|-----|------|-----|-----|------|
| 52 | BEAS | Beas Junction | 16:02 | | 16:04 | | 2m | 1 | 2 | 1543 | 24 | 233 | NR |
| 53 | ASR | Amritsar Junction | 17:50 | | | | | 0 | 2 | 1586 | - | 230 | NR |